# Serial block-face imaging

# Wiew 2.XP system sample recipes

Basic preparation recipes for your samples, to aid automated sectioning and image capture of your 3D ultrastructure.



# **Arabidopsis root tip**

Publication: Developing 3D SEM in a broad biological context, VIB Ghent

### **Primary fixation:**

- 2 h; 0.1 M phosphate buffer (pH 6.8), with 3% glutaraldehyde and 2% paraformaldehyde
- Unspecified timing; encase individual samples in agarose blocks
- Overnight, fresh fixative; same formula

Washing: 5 x 3 min, cold; 0.15 M cacodylate buffer

### **Post-fixation staining:**

• 1 h, on ice; 0.15 M cacodylate buffer with 0.2% ruthenium red and 2% osmium tetroxide

Washing: 5 x 3 min; ultrapure water

**Mordant:** 20 min, RT; freshly prepared thiocarbohydrazide solution (1% w/v in ultrapure water)

Washing: 5 x 3 min; ultrapure water

Second staining: 30 min, RT; 2% osmium

Washing: 5 x 3 min, RT; ddH<sub>2</sub>O

### En bloc stain:

- Overnight, 4 °C; 2% uranyl acetate
- 5 x 3 min; ultrapure water
- 30 min, 60 °C; Waltron's lead aspartate (by dissolving 20 mM lead nitrate in a 30 mM L-aspartic acid solution)
- 5 x 3 min; ultrapure water

### **Dehydration:**

- 30 min each, ice cold; 30%, 50%, 70%, 90%, 100%, 100% ethanol in water
- 30 min each, ice cold; 100%, 100%, acetone

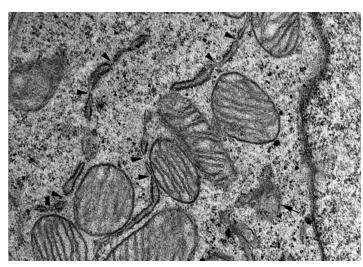
### Resin infiltration:

- 2 h each; 30%, 50%, Spurr's resin in propylene oxide
- 100% each; overnight, 8 h, overnight

Embedding: 24 h, 60 °C; fresh Spurr's resin

### ER in mammalian cells

Publication: Puhka M, Joensuu M, Vihinen H, Belevich I, Jokitalo E. Progressive sheet-to-tubule transformation is a general mechanism for endoplasmic reticulum partitioning in dividing mammalian cells. Klumperman J, ed. Molecular Biology of the Cell. 2012;23(13):2424-2432. doi:10.1091/mbc.E10-12-0950., IOB, Helsinki



**Primary fixation:** 20 min, RT; 0.1 M sodium cacodylate buffer (pH 7.4) with 1.5% glutaraldehyde and 2% formaldehyde

Washing: 1 min; 0.1 M sodium cacodylate buffer

**Post-fixation staining:** 1 h, on ice; freshly prepared 0.3 M cacodylate buffer with 4% aqueous osmium tetroxide + 3% potassium ferrocyanide

Washing: 1 min; ddH<sub>2</sub>O

Mordant: 10 min; thiocarbohydrazide

**Washing:** 1 min; ddH<sub>2</sub>O

Second staining: 1% osmium tetroxide

**Washing:** 1 min; ddH<sub>2</sub>O

### **Dehydration:**

- 5 min each, ice cold; 20%, 50%, 70%, 90%, 100%, 100%, acetone in ddH<sub>2</sub>O
- 10 min, RT; 100% acetone

### **Resin infiltration:**

At least 2 h; 100% Durcupan

Embedding: 60 °C for 48 h; fresh Durcupan

# **Collagen fibrils**

Publication: Nature protocols - Using transmission electron microscopy and 3View® to determine collagen fibril size and three-dimensional organisation, Manchester University, OTOTO

### **Primary fixation:**

- 15 min whole tissue, RT; 0.1 M cacodylate buffer (pH 7.2) with 2.5% glutaraldehyde
- 2 h for dissected region, 4 °C; 0.1 M cacodylate buffer (pH 7.2) with 2.5% glutaraldehyde

Washing: 5 x 3 min, RT; 0.1 M cacodylate buffer

**Post-fixation staining:** 1 h, RT; 0.1 M cacodylate buffer with 2% osmium tetroxide + 1.5% potassium ferrocyanide

Washing: 5 x 3 min, RT; ddH<sub>2</sub>O

**Mordant:** 2 x 2 h, 4 °C (replace solution after 2 h and repeat); 1% tannic acid in 0.1 mM cacodylate buffer

**Washing:** 5 x 3 min, RT; ddH<sub>2</sub>O

Second staining: 40 min, RT

### En bloc stain:

- 16 h/overnight; 1% aqueous uranyl acetate
- 3 x 5 min, RT; ddH<sub>2</sub>O
- Centrifuge 5000 g, 5 min; 1% aqueous uranyl acetate

### **Dehydration:**

- 10 min each, RT; 30%, 50%, 70%, 90%, 100%, 100%, 100%, 100% ethanol in ddH<sub>2</sub>O
- 10 min, RT; 100% propylene oxide

### **Resin infiltration:**

30% for 4 h, 50% overnight, 67% for 1 h, 75% for 1 h, 80% for 1 h, 100% for 1 h, 100% for 1 h, 100% for 1 h resin in propylene oxide

# C. elegans

**Primary fixation:** Unspecified timing; 0.1 HEPES buffer (pH 7.4) with 2.5% glutaraldehyde and 2% paraformaldehyde

Washing: 5 x 3 min; cold HEPES buffer

**Post-fixation staining:** Unspecified timing; freshly prepared 0.2 M ice cold HEPES buffer with 4% aqueous osmium tetroxide + 3% potassium ferrocyanide

Washing: 5 x 3 min, RT; ddH<sub>2</sub>O

**Mordant:** Unspecified timing; thiocarbohydrazide

Washing: 5 x 3 min, RT; ddH<sub>2</sub>O

**Second staining:** Unspecified timing; 2% osmium tetroxide in ddH<sub>2</sub>O

**Washing:**  $5 \times 3 \text{ min, RT; } ddH_2O$ 

### En bloc stain:

- Overnight; 1% aqueous uranyl acetate
- 5 x 3 min, RT; ddH<sub>2</sub>O
- 1 x 30 min, 60 °C; lead aspartate
- 5 x 3 min, RT; ddH<sub>2</sub>O

**Dehydration**: 5 min each, on ice; 20%, 33%, 47%, 60%, 73%, 87%, 100%, ethanol in ddH<sub>2</sub>O

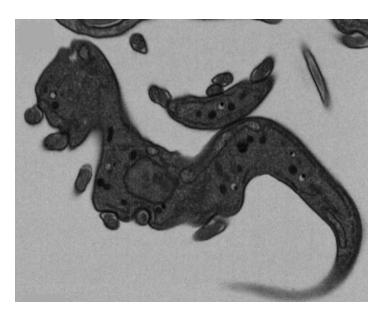
**Resin infiltration**: 50% for 30 min, 100% for 4 h, 100% overnight, resin in ethanol

Embedding: 60 °C for 24 h; freshly prepared

Embed812

# **Trypanosomes**

Publication: Journal of cell science – A cell-body groove housing the new flagellum tip suggests an adaptation of cellular morphogenesis for parasitism in the bloodstream form of Trypanosoma brucei, Oxford Brookes, OTO for TEM



### **Primary fixation:**

- In suspension, 3 5 min; glutaraldehyde, 2.5%
- Resuspend and centrifuge 3 min; 0.1 M phosphate buffer with 2.5% glutaraldehyde, 2% paraformaldehyde, 0.1% tannic acid
- 2 h, RT; same formula

Washing: 0.1 M phosphate buffer

### **Post-fixation staining:**

1 h, RT; 0.1 M phosphate buffer with 1% osmium tetroxide

Washing: Rinse (unspecified)

En bloc stain: 40 min, 2% uranyl acetate

**Dehydration:** Ascending acetone series

Embedding: Agar 100 resin

# **Primary acinar cells**

Customer data: University of Liverpool, OTOTO

### **Primary fixation:**

- 1 h, RT; 0.1 M cacodylate buffer (pH 7.4) with 2% paraformaldehyde, 2% glutaraldehyde,
   2 nm calcium chloride
- 2 h, RT; 0.1 M phosphate buffer with 2.5% glutaraldehyde, 2% paraformaldehyde, 0.1% tannic acid

**Washing:** 5 x 3 min, RT; 0.1 M cacodylate buffer with 2 mM calcium chloride

**Post-fixation staining:** 1 h, RT; 0.1 M sodium cacodylate buffer with 2% osmium tetroxide + 1.5% potassium ferrocyanide

Washing: 5 x 3 min, RT; ddH<sub>2</sub>O

Mordant: 1 x 10 min; thiocarbohydrazide in ddH<sub>2</sub>O

Washing: Extensive, RT; ddH<sub>2</sub>O

**Second staining:** 40 min, RT; 2% osmium tetroxide in ddH<sub>2</sub>O

Washing: 5 x 3 min, RT; ddH<sub>2</sub>O

### En bloc stain:

- Overnight, 4 °C; 1% uranyl acetate in ddH<sub>2</sub>O
- 5 x 3 min, RT; ddH<sub>2</sub>O
- 1 x 30 min, 60 °C; lead aspartate
- 5 x 3 min, RT; ddH<sub>2</sub>O

**Dehydration**: 5 min each, RT; 30%, 50%, 70%, 90%, 100%, 100% ethanol in ddH<sub>2</sub>O

### **Resin infiltration:**

- Overnight; 50% resin in ethanol
- 1 h, 1 h 30 min; 67%, 75%, 100%, 100% resin in ethanol

**Embedding:** At least 48 h, 60 °C; graded hard TAAB premix 812

# Tsetse fly mid-gut (trypanosomes)

Customer data: University of Liverpool, OTOTO

### **Primary fixation:**

- 30 min whole tissue; 0.1 M phosphate buffer (pH
   7.4) with 0.1% tannic acid + 3% sucrose
- 90 min for dissected region; same formula

Washing: 3 x 3 min, RT; 0.1 M phosphate buffer

**Post fixation staining:** 1 h, RT; 0.1 M phosphate buffer with 2% osmium tetroxide + 1.5% potassium ferrocyanide

Washing: 5 x 3 min, RT; ddH<sub>2</sub>O

Mordant: 1 x 10 min; thiocarbohydrazide in ddH<sub>2</sub>O

Washing: 5 x 3 min, RT; ddH<sub>2</sub>O

**Second staining:** 30 min, RT; 2% osmium tetroxide in ddH<sub>2</sub>O

Washing: 5 x 3 min, RT; ddH<sub>2</sub>O

### En bloc stain:

- Overnight at 4 °C, 1% uranyl acetate
- 5 x 3 min, RT; ddH<sub>2</sub>O
- 1 x 30 min, 60 °C; lead aspartate

### **Dehydration:**

- 10 min each, RT; 30%, 50%, 70%, 90%, 100%, 100%, 100%, 100% ethanol in ddH<sub>2</sub>O
- 10 min each, RT; 100%, 100% propylene oxide

### **Resin infiltration:**

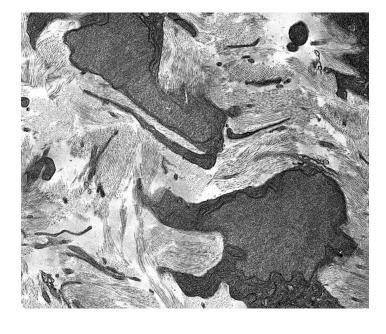
30% for 4 h, 50% overnight, 67% for 1 h, 75% for 1 h, 80% for 1 h, 100% for 1 h, 100% for 1 h, 100% for 1 h, resin in propylene oxide

### **Embedding:**

• At least 48 h, 60 °C, graded hard TAAB premix 812

### Cornea

Publication: PNAS100 – Three-dimensional aspects of matrix assembly by cells in the developing cornea, Manchester University, OTOTO



**Primary fixation:** 3 h; 0.1 M sodium cacodylate buffer (pH 7.2) with 2.5% paraformaldehyde, 2% glutaraldehyde

**Post-fixation staining:** 1 h; 0.1 M sodium cacodylate buffer with 1% osmium tetroxide + 1.5% potassium ferrocyanide

Mordant: 2 h; 1% tannic acid

Second staining: 1 h; 1% osmium tetroxide

Washing: "appropriate washes"

En bloc stain: 1 h; 1% uranyl acetate

Washing: "appropriate washes"

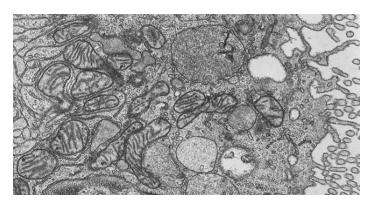
**Dehydration:** Ethanol dehydration with unspecified

method

**Embedding:** Araldite CY212 resin with unspecified cure time

# Liver and renal cortex of rat and mouse

Publication: Electron staining of the cell surface coat by osmiumlow ferrocyanide. W.F. Neiss 1983, Institute of anatomy, University of Wurzburg, OTO



### **Primary fixation:**

- 5 min perfusion; 0.1 M sodium cacodylate-HCl buffer (pH 7.4), with 2.5% glutaraldehyde, 1% paraformaldehyde, and 17 mM CaCl<sub>2</sub>
- Immerse for 3 h, 20 °C; 0.1 M sodium cacodylate -HCl buffer (pH 7.4), with 3% glutaraldehyde

**Washing:** Overnight, with several changes of solution; 0.1 M sodium cacodylate-HCl buffer (pH 7.4), with 3% glutaraldehyde

**Post-fixation staining:** 30 min, 20 °C, vibrating platform, dark; prepared 90 min in advance; 0.2 M sodium cacodylate buffer with 40 mM osmium tetroxide and 20 mM potassium ferrocyanide

**En bloc stain:** 10 min; saturated uranyl acetate in 50% ethanol and lead nitrate (pH 11.8)

**Dehydration**: 2 min each; 50%, 70%, 95%, 100%, 100%, acetone

### **Resin infiltration:**

- 33% for 5 min, 66% for 25 min, Durcupan "Medium 1" in acetone, agitated at 20 °C
- 2 x 30 min, at 60 °C; 100% Durcupan "Medium 1"

**Embedding:** 60 min at 60 °C; 100% Durcupan "Medium 2"

# **Kidney**

Publication: Resolution of the three dimensional structure of components of the glomerular filtration barrier. Starborg, Kargill, et al, Manchester

### **Primary fixation:**

- RT, timing unspecified; HEPES buffered mammalian ringer solution containing 0.5% LaNO<sub>3</sub>.6H<sub>2</sub>O and 0.5% DyCl<sub>3</sub>.6H<sub>2</sub>O
- 0.1 M cacodylate buffer (pH 7.3) with 2.5% glutaraldehyde and 2% sucrose

Washing: Timing unspecified; HEPES buffer

**Post-fixation staining:** 1 h, RT; 0.1 M cacodylate buffer with 1% osmium tetroxide

### Washing:

- Timing unspecified; 0.1 M sodium cacodylate buffer
- · Timing unspecified; distilled water

En bloc stain: 12 h, 4 °C; 2 – 3% uranyl acetate

**Dehydration:** Unspecified timing; graded series of ethanol

### **Resin infiltration:**

- Unspecified timing; araldite resin mixtures in propylene oxide
- Unspecified timing; 100% araldite

### **Chromosomes**

Publication: Staining and embedding of human chromosomes for 3-D serial block-face scanning electron microscopy. Mohammed Yusuf, Bo Chen, Teruo Hashimoto, Ana Katrina Estandarte, George Thompson, and lan Robinson, UCL, Manchester

**Primary fixation:** Timing unspecified; 0.1 M cacodylate buffer (pH 7.2), with 2.5% glutaraldehyde (by volume)

**Washing:** Wash twice, timing unspecified; 0.1 M cacodylate buffer (pH 7.2)

Post-fixation staining: 30 min; platinum blue

Washing: 2 x 5 min; Milli-Q water

**Dehydration:** 15 min each; 30%, 50%, 75%, 100%

**Resin infiltration**: Unspecified timing; agar 100 resin (hard)

### **Embedding:**

- Immerse in 150 μL resin for 10 h at 60 °C; agar 100 resin (hard)
- Layer with 500 μL resin for 16 h, unspecified temperature; agar 100 resin (hard)

### Whole mouse brain

Publication: High-resolution whole-brain staining for electron microscopic circuit reconstruction, Max Planck Institute for Medical Research, Heidelberg, BROPA

### **Primary fixation:**

- Perfusion, 30 mL at approximately 0.5 mL/s, freshly prepared 30 min prior; 0.1 M cacodylate buffer (pH 7.2) with 0.25 M (2.5%, w/v) glutaraldehyde and 0.12 M sucrose
- Keep wet during brain removal; same formula
- Immersed for 48 72 h, 2 °C, no agitation

**Washing:**  $5 \times 8 - 12 \text{ h}$ ; 0.1 M cacodylate buffer (pH 7.2) with 0.12 M sucrose

**Post-fixation staining:** 96 h, RT, dark, gyratory rocker 10 rpm; 0.1 M cacodylate buffer (pH 7.4) with 40 mM osmium tetroxide, 35 mM potassium ferrocyanide and 2.5 M formamide

**Mordant:** 72 h, RT, dark, gyratory rocker 10 rpm; 0.1 M cacodylate buffer (pH 7.4) with 40 mM osmium tetroxide

**Washing:** 4 h, RT, dark, gyratory rocker 10 rpm; 0.1 M cacodylate buffer

**Second staining:** 72 h, RT, dark, gyratory rocker 10 rpm; unbuffered solution of 0.32 M pyrogallol (pH 4.1)

**Washing:** 4 h, RT, dark, gyratory rocker 10 rpm; 0.1 M cacodylate buffer

**En bloc stain:** 96 h, RT, dark, gyratory rocker 10 rpm; unbuffered solution of 0.04 M osmium tetroxide

**Dehydration**: 18 – 24 h each; 10%, 25%, 50%, 75%, 100%, ethanol in water

### **Resin infiltration:**

- 18 24 h; 100% propylene oxide
- 18 24 h each; 25%, 50%, 75%, 100%, modified
   Spurr's epoxy in propylene oxide

**Embedding:** In custom silicon mold, 48 h, 60 °C; modified Spurr's resin formulation

### **Mouse brain**

Publication: NCMIR methods for 3D EM: a new protocol for preparation of biological specimens for serial block face scanning electron microscopy, University of San Diego (NCMIR)

### **Primary fixation:**

- 5 min, 35 °C, whole tissue; 0.15 M cacodylate buffer (pH 7.4) with 2.5% glutaraldehyde,
   2% formaldehyde (fresh from paraformaldehyde), and 2 mM CaCl<sub>2</sub>
- Immerse for 2 3 h on ice; using same solution
- If required, cut into 100 µm thick sections in ice cold 0.15 M cacodylate buffer with 2 mM CaCl<sub>2</sub>

**Washing:** 5 x 3 min; cold cacodylate buffer with 2 mM CaCl<sub>2</sub>

**Post-fixation staining:** 1 h, on ice; freshly prepared 0.3 M cacodylate buffer with 4% aqueous osmium tetroxide + 3% potassium ferrocyanide

**Washing:**  $5 \times 3 \text{ min; } ddH_2O$ 

Mordant: 20 min, RT; thiocarbohydrazide

Preparation: Add 0.1 gm to 10 mL ddH<sub>2</sub>O, agitate in 60
 °C oven for 1 h; filter through 0.22 µm filter

Washing: 5 x 3 min; ddH<sub>2</sub>O

**Second staining:** 30 min, RT; 2% osmium tetroxide in ddH<sub>2</sub>O

Washing: 5 x 3 min; ddH<sub>2</sub>O

### En bloc stain:

- Overnight, 4 °C; 1% aqueous uranyl acetate
- 5 x 3 min, RT;  $ddH_2O$
- 1 x 30 min, 60 °C; lead aspartate; prepared by dissolving 0.66 gm lead nitrate in 10 mL 0.03 M aspartic acid; adjust pH to 5.5, and then oven 30 min 60 °C

### **Dehydration:**

- 5 min each, ice cold; 20%, 50%, 70%, 90%, 100%, 100%, acetone in ddH<sub>2</sub>O
- 10 min, RT; 100% acetone

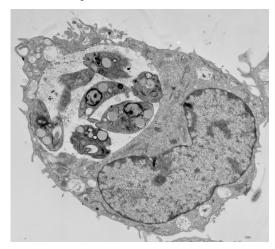
### **Resin infiltration:**

- Overnight; 100% Durcupan
- 2 h; fresh 100% Durcupan

Embedding: 60 °C for 48 h; fresh Durcupan

# Leishmania mexicana

Publication: Methods Cell biology – Scanning and three dimensional electron microscopy methods for the study of Trypanosoma brucei and Leishmania mexicana flagella, Oxford Brookes, OTO



### **Primary fixation:**

- In suspension, 5 min, RT; glutaraldehyde, 2.5%
- Resuspend and centrifuge at 800 g for 10 min;
  2.5% glutaraldehyde
- 2 h, RT; 0.1 M phosphate buffer with 2.5% glutaraldehyde, 2% paraformaldehyde

**Post-fixation staining:** 1 h, RT; 0.1 M phosphate buffer with 1% osmium tetroxide

Washing: Wash at least 3x with distilled water

**En bloc stain:** Overnight at 4 °C, in dark; 2% magnesium uranyl acetate

### **Dehydration:**

- <100% 15 min each, RT; 100% 30 min each, RT
- 30%, 50%, 70%, 90%, 100%, 100%, 100% acetone in water by volume

### **Resin infiltration:**

- Resin in acetone; 33% for 3 h, 50% for 3 h, 67% for 3 h, 100% overnight, 100% for 3 h, 100% for 3 h
- 3 h each, RT; two additional infiltrations of 100% resin

Embedding: 24 h, 70 °C; agar 100 resin